

FOREST COUNTY UWEXT COMMITTEE MEETING MINUTES

COMMITTEE: FOREST COUNTY UWEXT COMMITTEE

DATE: Wednesday, December 27, 2023

TIME: 2:00 PM

PLACE: COUNTY BOARD ROOM, ROOM 107

CALL TO ORDER

Vice Chairperson, Ron Karl called the meeting to order at 2:02 p.m.

ROLL CALL

UWEXT Committee: Tom Tallier, Ron Karl, Brian Piasini, Bill Chaney, Cindy Gretzinger (excused)

OTHERS PRESENT: None

UWEXT: Amber Rehberg (present), Steve Watson (present), Karly Harrison (present)

APPROVE AGENDA:

Motion by Chaney to approve agenda, seconded by Tallier. All present voting AYE. Motion carried.

PUBLIC COMMENT

No Public Comment

APPROVAL OF LAST MINUTES from October 23, 2023, UWEXT Committee. Motion by Piasini to meeting minutes, seconded by Chaney. All present voting AYE. Motion carried.

UWEXT

- I. Area Extension Director Updates from Amber Rehberg
 - A. Forest County Staff Updates
 1. CDI Position
 - a) Community Development Educator – Motion by Chaney to approve moving forward with hiring 1.0 FTE CDI Educator focused on Leadership and Organizational Development, seconded by Piasini. All present voting AYE. Motion carried.
 - B. 2024 Extension Contract – Motion by Chaney to sign the 2024 Extension Contract, seconded by Piasini. All present voting AYE. Motion carried.
 - C. 4-H Club Finances – Current 4-H Club does not want responsibility of 4-H finances. In order to keep funds secure and have accountability for public funds, requesting that funds be held in a Reserve, Non-Lapsing Account. Motion by Chaney to approve if Nora has agreed and seconded by Piasini. All present voting AYE. Motion carried. Amber will work with Nora on a DRAFT resolution for the next meeting.

II. Program Reports

A. Digital Navigator – Steve Watson

1. Attending Forest County Community Coalition Meetings; Helped develop an on-line application for youth to receive free membership for the Forest County Potawatomi Community Center. Continuing to increase number of clients and providing devices and support throughout the county.

B. Healthy Communities Coordinator – Karly Harrison

1. Community Health Improvement Plan (CHIP) – Mental Health; Chronic Disease Prevention; Nutrition Security – Not only food access; safe healthy affordable foods; Outlying communities, access to safe – Sustaining food programs we have; Stock Boxes and Food Pantries; Updated Food Resource Guide.
2. StrongBodies – Two Classes in Forest County; Armstrong Creek (January 2); Crandon (January 9); NO Age Requirement; Any Age Welcome; Every evaluation from the beginning to the end of the 12 week program shared that participants were more active outside and improved physical health, sleeping better, improvement in balance and mental health; physically stronger and connected. We're going to add another StrongBodies, but may be intimidating, different evidence-based programs and we'll be starting BINGOcize in Laona and Wabeno. Help individuals who are currently NOT physical activity; fall prevention and nutrition; mobility and independence; body weights and movement and resistance 10 week program 2 times/week.

C. 4-H Youth Development – Anne Williams

1. Volunteer Support – Working closely with volunteer to provide opportunities and setting goals and additional support. Accountable and sustainable path.
2. 4th Grade Citizenship Programming – strong need for health and service learning and contribution to community; 4 Lessons with all 4th grade classes; overall goals to build belonging; connect with other 4th graders
3. Relationship building and program development.

FUTURE AGENDA ITEMS

Community Development Position Update

SET MEETING DATE, TIME, AND LOCATION

Coordinate with Land Conservation Meeting as Needed.

ADJOURN

There being no further business, motion by Tallier to adjourn, second by Chaney. All present voting AYE. Motion carried. Meeting adjourned at 2:45 p.m.

These minutes are not official and are subject to change. They will be officially approved at the next scheduled UWEXT Committee Meeting.