Forest County Commission on Aging Meeting Minutes

December 1, 2020 1:15 pm

County Board Room, Forest County Courthouse, Crandon, WI

Members Present: Jean Jungwirth, Mike Miller, Jack Matuszewski, Jeannie Weyers, Bob Shepherd,

Wendy Abney

Absent: Larry Sommer, Mary Meier

Others Present: Tammy Queen, Joan Ginter

- Call to Order: Meeting called to order by Miller at 1:15 p.m.
- Roll Call: Roll call taken and quorum met.
- **Approve Agenda:** Motion by Weyers to approve agenda as presented, seconded by Matuszewski, all in favor, motion carried.
- Approve October 13, 2020 Meeting Minutes: Motion by Weyers to approve October 13, 2020 meeting minutes as presented, second by Shepherd, all in favor, motion carried.
- Public Comment on Agenda Items: None.
- Budget Updates: Joan Ginter presented the GWAAR 2021 budget. She reports that money has been transferred from Congregate Meals to Home Delivered meals. Queen reports that money has been reduced in the Alzheimer's and Caregiver programs, but she has asked for more.
 Motion by Matuszewski to approve GWAAR 2021 Budget, second by Abney, all in favor, motion carried.
- Nutrition Program: A. Increase of Congregate and Home Delivered Meal Program donation rates: Current suggested donations are \$3.75 for Home Delivered and \$3.00 for Congregate. Increase in suggested donations is to \$4.25 for Home Delivered and \$3.50 for Congregate. While the cost of a Home Delivered Meal averages \$10.00, the average actual donation is \$2.80. Expenses for meals include compensation of drivers for time and mileage as well as the cost of Styrofoam containers. Motion by Matuszewski to approve increase of Congregate and Home Delivered Meal Programs donation rates, second by Shepherd, all in favor, motion carried.
- Advertising for new committee members to replace termed-out committee members and
 vacancy: Queen suggests putting an ad into the local media outlets early in 2021 to develop
 interest in filling the four open positions on the Commission on Aging. Motion by Shepherd to
 approve advertising for new committee members to replace termed out committee members
 and vacancy, second by Weyers, all in favor, motion carried.
- **Director's Report:** Six Forest County residents are currently taking part in a Virtual Strong Bodies class via Zoom, ending in December. Another Virtual Strong Bodies class via Zoom will begin on January 4, 2021 and will last for 12 weeks. Terri Kolb from UW-Extension is interested in starting an Aging Mastery Program for people considering retirement. The new bus has been ordered. Ten people are in the Alzheimer's and Caregivers programs, with five in each program. Queen received \$1500 from the state of Wisconsin to be used by the Alzheimer's program.
- Next Scheduled Committee Meeting: February 9, 2021.

• Adjourn: Motion by Matuszewski to adjourn at 2:15 p.m., seconded by Shepherd, all in favor, motion carried.

Submitted by J. Jungwirth.